



Communities of Health

It takes more than an Apple a Day

The Tasmanian Government has set an ambitious target of making us the healthiest Australian state by 2025. There is no question that action is needed now to head off an unprecedented level of chronic illness and pressure on our health, aged and social care services in the not-too- distant future. The Government's Healthy Tasmania plan - currently in draft - aims to set us on the best path to achieving this goal. Is it the right track? What other action might be needed? What can we all do?



REGISTER NOW

Health Care Homes Trial Recognises Pivotal Role of General Practice in Primary Health Care PHCAG Report

The AMA welcomes the Government's vision for Health Care Homes, and its acknowledgement of the pivotal role of general practice in primary health care in Australia, especially in the ongoing treatment of patients with chronic and complex health conditions.

AMA President, Professor Brian Owler, said the AMA is pleased that the Government has endorsed the specialised work of Australia's hardworking GPs, and the unique role they play in managing patients who need regular personalised care in a familiar environment.

"The concept of the health care home, is not new to Australia," Professor Owler said. "For many Australians, their local general practice is their health care home and their local GP is their established primary carer – 93 percent of Australians have a usual general practice, and 66 percent has a usual GP.

READ MORE

AMA-position-statement-medical-home

<u>Press release issued recently by the Government about the establishment of a trial</u> of the Health Care Home

Report of the primary health care advisory group 2016

Hospital Funding and Health Reform

COAG reaffirmed that providing universal health care for all Australians is a shared priority. Leaders agreed on a Heads of Agreement for public hospitals funding from 1 July 2017 to 30 June 2020 ahead of consideration of longer-term arrangements.

This will see the Commonwealth providing an estimated additional \$2.9 billion in funding for public hospital services, with growth in Commonwealth funding capped at 6.5 per cent a year.

This Agreement preserves important parts of the existing system, including activity based funding and the national efficient price, and focuses on improving patient safety and the quality of services, and reducing unnecessary hospitalisations.

As part of this Agreement, all jurisdictions agreed to take action to improve the quality of care in hospitals and reduce the number of avoidable admissions, by:

- reducing demand for hospital services through better-coordinated care for people with the complex and chronic disease the current system does not always provide the care the chronically ill need this means they are hospitalised more than is necessary;
- improving hospital pricing mechanisms to reflect the safety and quality of hospital services by reducing funding for unnecessary or unsafe care- reducing hospital acquired complications will improve patient safety; and
- reducing the number of avoidable hospital readmissions- too many patients are readmitted to hospitals as a result of complications arising from the management of their original condition.

The Commonwealth will continue its focus on reforms in primary care that are designed to improve patient outcomes and reduce avoidable hospital admissions.

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Medibank Appoints Craig Drummond as Managing Director and Chief Executive Officer

The Board of Medibank Private Limited (ASX: MPL) recently announced that Craig Drummond had been appointed the company's Managing Director and Chief Executive Officer, effective 4 July 2016. The appointment follows an extensive global search that considered a field of internal and external candidates.

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AMA DiT of the Year Award Call for Nominations

This year the AMA is introducing an AMA Doctor in Training of the Year Award to celebrate the accomplishments of a doctor in training in leadership and advocacy, to be awarded at the AMA Leadership Development Dinner. The AMA Leadership Development Dinner will be held in Canberra on 27 May 2016 in conjunction with AMA National Conference.

The AMA is committed to fostering the next generation of Australia's medical leaders. This award recognises outstanding achievement in leadership and advocacy and encourages further development of leadership skills. The award recipient will be given a place in the AMA Future Leaders Program.

All nominees must be AMA members, and nominations for this award may only be made by a member of the AMA. Further information on the award criterion and nomination information can be found HERE. The closing date for receipt of nominations for the award is COB Friday 29 April 2016.

Australian Funeral Directors

Tasmanian Division

Industry Training Day

On behalf of the AFDA Tasmanian Division, the Executive wish to invite industry colleagues to attend an 'Education Workshop' in Hobart on Friday 29 April 2016. The workshop topic is 'Death and Bereavement – how we work together' and will have speakers from Tasmanian Association for Hospice and Palliative Care Inc (TAHPC), Aged Care, Coroners Court and the AFDA.



Full details on the event along with registrations can be viewed by

CLICKING HERE

Order your 2016 Entertainment Book Membership

The AMA Tasmania are again selling Entertainment Books to raise funds for the association. A percentage of every membership sold will contribute towards enhancing the important advocacy role AMA plays. The popular books feature over \$20,000 worth of



valuable discounts on restaurants, cafes, hotel accommodation, attractions and activities for families. You have the option of choosing the traditional Entertainment Book Membership that comes with the Gold Card and vouchers, or the new Entertainment Digital Membership, which puts the value of the Entertainment Book into your iPhone or Android smartphone so you don't have to carry your book with you.

EARLY BIRD OFFER: Order your Entertainment™ Books and Entertainment™ Digital Memberships before 24 April 2016 and you'll receive an extra \$200 in Early Bird Offers! Cost: Book and Digital Memberships are \$65 Orders: You can order your Entertainment Book or the Digital version book HERE or fill in an order form available from AMA House (books will be ready for collection from Davey Street Reception late April).

Healthy Hips Australia Awareness Week April 10 - 16

Healthy Hips Australia is a not-for-profit organisation, registered as a national health promotion charity. Their mission is to ensure expert resources, education and support are available to all people working with and impacted by hip dysplasia.

Despite hip dysplasia being a common condition that health professionals aim to diagnose early in babies, parent awareness of hip dysplasia, and factors influencing it, in Australia is limited. Australia's high incidence of hip dysplasia in infants has prompted us to call for, a change in the popular culture of swaddling, which has been linked to hip dysplasia, and the need to address the rate of late diagnosis, via a national hip dysplasia awareness campaign. Australia's first hip dysplasia awareness week, Healthy Hips Week, is April 10 -16 this year. Please see their **WEBSITE** for further details.

Mindfulness Based Stress Reduction for Health Professionals

Mindfulness-Based Stress Reduction (MBSR) was developed by Jon Kabat-Zinn over 35 years ago at the University of Massachusetts Medical Center to enhance resilience and physical and emotional wellbeing.

FIND OUT MORE

RACMA Autumn Professional Development Forum

In 2016, The Royal Australasian College of Medical Administrators established a new Learning and Teaching Centre with the aim of strengthening their range of CPD

programs. As the professional development landscape for medical practitioners in Australia and New Zealand continues to change, RACMA recognises the need to provide increased support for all those working in medical management and for those aspiring to become medical leaders.

The RACMA Learning and Teaching Centre aims to host four key professional learning events ('seasonal forums') each year. The launch of the Autumn Professional Development Forum will take place 19 - 21 May 2016 in Melbourne. It will offer a range of practical workshops and plenaries in a flexible program and is open to all clinicians. Members from all Australasian medical specialty colleges are welcome to participate. The Forum registration website is available for you to view the program and to register at **WEBSITE**



News and Headlines

Good Rural Health Policy A Vote-Winner - AMA Rural Health Issues Survey 2016

Short Term Gain Long Term Pain for Public Hospitals

AMA Urges Government Not to Re-Introduce Cap on Work-Related Expenses

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