

Opioids and pain medicine resources for general practitioners

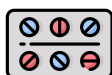
These free resources are to help you understand and adapt to the regulatory reforms aimed to reduce harm caused by prescription opioids in Australia.



Better pain prescribing: Clarity and confidence in opioid management

Develop greater decision-making confidence and clarity in your opioids prescribing. A best-practice eLearning package that will help you develop sustainable techniques that reduce both opioid dependence and patient harm. Let specialist pain management clinicians from the Australian and New Zealand College of Anaesthetists and Faculty of Pain Management show you how to provide better treatment options for those experiencing chronic pain.

<https://www.betterpainmanagement.com/product?catalog=TGA-BPM>



Opioids: New and amended PBS listings

A detailed explanation of the changes made to support the appropriate prescribing and use of opioids, and reduce harm.

<https://www.nps.org.au/radar/articles/opioids-new-and-amended-pbs-listings>



Reducing opioid harm in rural and remote Australia

The program is to assist rural and remote health professional's access information and resources about the regulatory changes, including a webinar series about opioids. The first webinar in this series was on the Opioid Prescribing Regulatory Changes and is available now on demand:

<https://www.acrrm.org.au/support/clinicians/community-support/reducing-opioid-harm/opioid-webinar>

Further information on reducing opioid harm is available on both the Australia College of Rural and Remote Medicine (ACRRM) and the Rural Doctors Association of Australia (RDAA)

ACRRM

<https://www.acrrm.org.au/support/clinicians/community-support/reducing-opioid-harm>

RDAA

<https://www.rdaa.com.au/resources/reducing-opioid-harm/reducing-opioid-harm-project>



Clinical e-Audit

Review your prescribing of opioids for patients with chronic non-cancer pain.

<https://www.nps.org.au/cpd/activities/opioids-redefining-doing-well>



5 steps to tapering opioids for patients with chronic non-cancer pain

Tapering opioids may not worsen chronic non-cancer pain, and recent evidence suggests that it improves function and quality of life. Find out more about how to prepare a successful tapering plan for opioids using this helpful resource.

<https://www.nps.org.au/news/5-steps-to-tapering-opioids>

These resources have been made available to general practitioners with support from the Department of Health.