

How your organisation can support the new NPS MedicineWise program on osteoarthritis.

- Promote CPD activities and resources in your next e-newsletter or update
- Use the social media posts in your social media channels
- Provide links to the resources on your website

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About NPS MedicineWise

NPS MedicineWise is an independent, not-for-profit and evidence-based organisation committed to improving the way health technologies, including medicines and medical tests are prescribed and used.

We provide health professionals with information, resources and guidance to help them prescribe medicines and treatment correctly and to equip consumers with the information and tools they need to make better decisions about medicines and medical tests.

We work with consumers, healthcare professionals, government and industry to improve the health of all Australians through targeted educational campaigns, professional development activities, and publications.

KNEE AND HIP OSTEOARTHRITIS:

Medicines have a limited role for osteoarthritis. Treatment now focuses on education, exercise and weight.

The new education program from NPS MedicineWise offers the latest practical tools and strategies to help improve quality of life for patients with osteoarthritis.

To find out more go to www.nps.org.au/oa



New clinical topic from @NPSMedicineWise on #Osteoarthritis – find out more www.nps.org.au/oa




Book an educational visit from @NPSMedicineWise on #Osteoarthritis: Practical tools for diagnosis & management www.nps.org.au/oa








Find out about the key points of the new @NPSMedicineWise 2017 #Osteoarthritis program, and any changes in practice www.nps.org.au/oa


New from @NPSMedicineWise: #Osteoarthritis, an opportunity to promote weight loss with patients www.nps.org.au/oa

Medicines have a limited role for #Osteoarthritis – new topic from @NPSMedicineWise www.nps.org.au/oa

NPS MEDICINEWISE OSTEOARTHRITIS PROGRAM: ACTIVITIES & RESOURCES

Audience	Content	Image
<p>CPD for GPs</p>	<p>Educational visits – practical tools for diagnosis and management</p> <p>Osteoarthritis of the knee or hip may be a common condition for many of your patients. But pain and loss of function is not inevitable. Early exercise and weight management can help with pain and mobility – and can often prevent or slow disease progression before irreversible joint damage occurs.</p> <p>The latest program from NPS MedicineWise provides the latest practical advice and resources to help improve quality of life for your patients with osteoarthritis.</p> <p><u>Book a one-on-one education visit or small group meeting</u> facilitated by an NPS MedicineWise Clinical Services Specialist.</p> <p>Visits are accredited for RACGP QI&CPD points and in the ACRRM PD program.</p> <p></p> <p>Book a @NPSMedicineWise visit: https://www.nps.org.au/cpd/activities/osteoarthritis-practical-tools-for-diagnosis-and-management?p=GPs</p>	
<p>CPD for GPs and nurses</p>	<p>Interactive case study – Practical tools for osteoarthritis management</p> <p>How to meet the challenges of supporting patients to put into practice non-pharmacological approaches to managing their osteoarthritis.</p> <p>Complete this online case study and receive instant feedback on your responses, compare your approach with your peers and read expert commentary provided by Professor Rana Hinman, academic physiotherapist and Australian Research Council Future Fellow at the Centre for Health, Exercise & Sports Medicine, Department of Physiotherapy, University of Melbourne.</p> <p>This <u>free online case study</u> from NPS MedicineWise is CPD-accredited</p> <p>Complete the latest free @NPSMedicineWise case study: Practical tools for osteoarthritis management</p> <p>GP version</p> <p>https://www.nps.org.au/cpd/activities/practical-tools-for-osteoarthritis-management?p=GPs</p>	

	<p>Nurse version</p> <p>https://www.nps.org.au/cpd/activities/practical-tools-for-osteoarthritis-management?p=Nurses</p> <p>  </p>	
<p>Reading for GPs, nurses and pharmacists</p>	<p>MedicineWise News</p> <p>Osteoarthritis: an opportunity to promote weight loss with patients</p> <p>Being overweight or obese is the single most important risk factor for knee osteoarthritis (OA). People who are obese are twice as likely to develop knee OA compared to non-obese people. And weight loss stands tall among OA management options, along with exercise and self-management. How can clinicians make the most of this synergy?</p> <p>Read more</p> <p>  </p> <p>New MedicineWise News from @NPSMedicineWise – https://www.nps.org.au/medical-info/clinical-topics/news/osteoarthritis-an-opportunity-to-promote-weight-loss-with-patients</p> <p>Read the latest from @NPSMedicineWise – #Osteoarthritis</p>	
<p>Resource for GPs</p>	<p>Patient Action Plan</p> <p>Osteoarthritis Management: A Team Approach</p> <p>In partnership with Arthritis Australia, NPS MedicineWise have developed a patient action plan, designed to help improve quality of life for patients with knee and hip osteoarthritis. It can be downloaded from the NPS MedicineWise website or in clinical software (Best Practice, Medical Director, Genie and MedTech32).</p> <p>Download</p> <p>Download the Patient Action Plan - https://www.nps.org.au/medical-info/clinical-topics/knee-and-hip-osteoarthritis#resources</p> <p>  </p>	

Resource for consumers	<p>Knee pain, aching joints, sore back, hip stiffness – these are all common complaints with many possible causes, including osteoarthritis. Although not curable, osteoarthritis can be managed and its progression slowed. Find out what osteoarthritis is, how it's diagnosed and treated, and how to manage symptoms.</p> <p>https://www.nps.org.au/medical-info/consumer-info/osteoarthritis-explained</p>	 <p>The infographic features a central orange and black first aid kit with the text 'TOOLS FOR YOUR CARE' on it. Above the kit, the word 'OSTEOARTHRITIS' is written in purple. Surrounding the kit are five circular icons connected by dashed lines: a person sitting in a chair, a joint with red arrows indicating pain, a person lying in a hospital bed, a person standing with a cane, and a person with a cane walking.</p>
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