



JDC

JUNIOR DOCTOR CONFERENCE CAIRNS

Sat 8 – Sun 9 June 2024

#JDC2024

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Delegate Survey





►► Sustainability

The Junior Doctor Conference has gone carbon neutral! Everyone has a role to play for sustainability and even small steps can make a big difference.

See what we have done to help the environment while creating an amazing program for you!

Reforest reforest.com.au

Reforest is a destination carbon offset partner for events. It will be planting one tree per delegate at the Nightwings Plantation: Daintree Restoration.

Reforest is a Brisbane-based social enterprise helping businesses and events take authentic climate and nature-positive action by planting trees in high-quality, local reforestation projects.

Lanyards made from recycled plastic **Sponsored by Wide Bay Hospital and Health Service**

RPET lanyards (Recycled Polyethylene Terephthalate) are an environmentally conscious alternative to traditional lanyards, as they are crafted from recycled plastic bottles. The process begins with the collection of discarded PET bottles, which are then cleaned, sorted, and stripped of labels and caps. The bottles are crushed into small flakes, and through a series of processes, the flakes are melted and extruded into fine threads. These threads are then woven or knitted to create the durable and versatile RPET fabric. The resulting lanyards not only reduce the demand for virgin plastic materials but also contribute to waste reduction by giving a new life to plastic bottles that might otherwise end up in landfill or oceans. RPET lanyards exemplify sustainability in events and responsible manufacturing.



Hotel: Crystalbrook Riley crystalbrookcollection.com/responsible-luxury

Forget counting fat calories, climate calories are the future

Crystalbrook Collection has begun labelling menu items across our 14 restaurants and bars with Climate Calorie info, to enable you to enjoy your meal, comfortable that you're mitigating your environmental impact.

Through Climate Calories, you'll be able to immediately see whether the ingredients in your dish are:

- Locally sourced within a three-hour drive
- Sustainably grown or caught
- Culturally considered, using native ingredients and working with indigenous producers
- Consciously reduce waste, using the whole ingredient
- Supplied to the restaurant in eco-friendly packaging.

Work in Health. Live in Paradise.



Unique training opportunities in the tropics

- › Tropical Diseases and Other Health Conditions
- › Rural Generalist Training Opportunities
- › First Nations Health
- › Royal Flying Doctor Service Intern and RMO rotations
- › Rural GP RMO and Intern rotations (John Flynn Prevocational Doctor Program)
- › Rural rotations at PHO level
- › Career Pathway Streaming opportunities
- › Grand rounds/journal clubs
- › Teaching, research and education opportunities
- › Advanced Rural Clinical Skills (ARCS) training course
- › Cairns Skills Centre



Location photos courtesy of Tourism Tropical North Queensland



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strategies**



**Cloud-based
record keeping**



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solutions**

Top reasons to train in northern Queensland

With 31 hospitals, 65 health services, and 54 medical specialty training pathways, there are plenty of opportunities to pursue your medical training in northern Queensland from intern to fellow. Discover some of the top reasons why doctors choose to train in northern Queensland.

Set yourself up for career success, and advance your career with quality training. Gain plenty of hands-on practice in a range of settings with a diverse case mix.

"You get more hands-on experience and opportunities to develop clinical independence in comparison to metropolitan hospitals."

DR TEJAS SINGH



Be supported in your training by experienced and passionate doctors.

"It's very well supervised and we get wonderful access to the primary surgeon and plenty of time to work on procedural skills in theatre. You're surrounded by wonderful, like-minded people who have all come here for the same reason – and there is every chance you'll want to stay after you've completed training!"

DR HELENA FRANCO



Discover diverse and interesting case mix, widening your scope of practice and honing your competitive edge.

"It's a real privilege to be able to train in the region where you have exposure to an incredible number of interesting cases and pathologies that you may not see if you trained elsewhere in Australia."

DR ALLISON HEMPENSTALL



Be embraced by a community and build lifelong friendships in a close knit and welcoming community.

"It's very inclusive. We do things together after work, such as going for a walk in the rainforest. We form friendships in our teams, and these can last for a long time. Even if you are up here for just a year, everyone knows what it's like to be a newcomer."

DR ANDREW GRAHAM



Northern Queensland Regional Training Hubs (NQRTH) connects medical students, interns and junior doctors with opportunities and resources to create a supportive and clear pathway to specialist training in northern Queensland. Visit our website to find out more about training in the region.

▶▶ Program

Saturday conference program: 8 June

- 8.30am – 9am** **Registration, tea and coffee with trade exhibitors**
- 9am – 9.10am** **Acknowledgement of Country and housekeeping**
▶ **Dr Elise Witter** – Chair, AMA Queensland Committee of Doctors in Training
- 9.10am – 9.20am** **Platinum sponsor – Cairns Hospital and Health Service**
▶ **Dr Renee Cremen** – Director, Medical Services Babinda
- 9.20am – 9.50am** **Keynote speaker**
▶ **Prof Caroline De Costa** – First woman to become a Professor of Obstetrics and Gynaecology in Australia, has worked in remote communities and PNG, and is a prominent author and advocate for Indigenous health equity and women's health.
- 9.50am – 10.10am** **The world's oldest telehealth service, moving into the future!**
▶ **Dr Katrina Starmer** – Emergency Physician and GP, RFDS
- 10.10am – 10.40am** **Panel with keynote speakers** – opportunities in medicine Q&A
▶ **Dr Nick Yim** – President, AMA Queensland
▶ **Prof Caroline De Costa**
▶ **Dr Katrina Starmer**
- 10.40am – 11am** **Morning tea** – sponsored by Hillhouse Legal Partners
- 11am – 11.15am** **Legal tips for junior doctors with Hillhouse Legal Partners – Bronze sponsor**
▶ **Mr Robert Lamb** – Director, Hillhouse Legal Partners
▶ Should I get a will? And when?
▶ When might you need a Lawyer?
▶ How can Hillhouse Legal Partners help junior doctors?
▶ What services do you offer?
- 11.15am – 12 noon** **Breakout sessions** (two x 20 min sessions – choose two out of three topics)
Topic 1: Doctors' Health in Queensland – How to handle the unexpected: What to do when your mind goes blank
▶ **Dr Robert Nayer** – Director, Doctors' Health in Queensland
The presentation will cover basic aspects of crisis resource management, and how to perform at a high level during stressful situations. The goal is for attendees to identify strategies for coping with unexpected situations at work, particularly in emergency departments or ward call shifts when they may be the first, or only, doctor at the bedside.
Topic 2: ACRRM – Learn more about Rural Generalism
▶ **Dr Jarrod Bowditch** – FACRRM, GP Anaesthetist
▶ **Dr Carolyn Belonogoff** – ACRRM Registrar
ACRRM is a general practice college which provides training, certification, and professional development for rural general practice. As the only college in Australia dedicated to rural and remote medicine, we play an important role in supporting students and junior doctors considering a career as a Rural Generalist. We are committed to delivering sustainable, high-quality health services to rural, remote, and Aboriginal and Torres Strait Islander communities.
Learning outcomes:
▶ Learn and ask questions about the ACRRM Fellowship program, mentoring and potential career opportunities
▶ Hear what life is like as a GP in a rural area of Australia (what we call a Rural Generalist)
▶ Learn why all Rural Generalists are GPs but not all GPs are Rural Generalists

Topic 3: Cutcher & Neale – Transform your financial future

- ▶ **Mr Sav Angi** – Partner, Cutcher & Neale
- ▶ **Mr Josh Holt** – Credit Advisor, Cutcher & Neale

Join finance experts from Cutcher & Neale for actionable tips and tricks to make your money work for you and set yourself up for financial success!

- ▶ Unlock the path to property: Strategies to make your dream home a reality
- ▶ Assets vs shares: Where should you be investing now?
- ▶ Supercharge your retirement: Learn how to maximise your superannuation

Don't miss this opportunity packed with valuable insights, personalised advice and strategies for you to take control of your financial future.

12 noon – 1pm

Lunch

1pm – 2.20pm

Breakout sessions (two sessions x 40 mins each, choose two out of four topics)

Procedural skills sessions

Topic 1: Airway – Dr Robert Nayer

Topic 2: Ultrasound guided cannulation – Dr John Inderhaug

Practical skills sessions

Topic 3: End of life discussion including Acute Resuscitation Plan – Dr Nick Yim

Topic 4: Speaking up, graded assertiveness – Dr Emma Hodge

2.20pm – 2.50pm

Practising medicine sustainably

- ▶ **Dr Elise Witter**

2.50pm – 3pm

AMA Queensland award presentations

- ▶ AMA Queensland Medal of Achievement
- ▶ AMA Queensland Memorial Prize

3pm – 3.30pm

Afternoon tea and raffle prizes

3.30pm – 5pm

Speed dating the specialties

The best thing about this conference is that there is something for everyone. Are you unsure how to go from junior doctor to specialist?

Come and hear from the doctors who have taken the pathway to training with the **'Speed dating the specialties'** session. Learn from their experience applying and progressing to their chosen field as they share their journeys and tips in brief 10-minute sessions. When time is up, swap onto the next specialty and **have all your questions answered!**

- ▶ **Dr Jordan Riddell** – Basic Physician Training (BPT) pathway
- ▶ **Dr Robert Nayer** and **Dr John Inderhaug** – Emergency Medicine (ED)
- ▶ **Dr Nick Yim** – General Practitioner (GP)
- ▶ **Dr Gordon Goh** – Intensive Care Medicine
- ▶ **Corporal Travis Taylor** – Military Medicine
- ▶ **Dr Sarah Coll** – Orthopaedics
- ▶ **Dr Erin Norman** – Paediatrics
- ▶ **Dr Claire Allen** and **Dr Kaylin Hooper** – Psychiatry
- ▶ **Dr Bryn Rohdman** – Rural Generalism (ACRRM)

6pm – 8pm

Social function: Hemingways Brewery

Includes beer tasting paddle or two drinks, with wood oven pizza.

Sunday social program: 9 June

8.45am – 9.45am

Breakfast with trade exhibitors at the Sister Cities Parkland BBQ site, Cairns Esplanade
(right side of the Lagoon Pool, look for the AMA Queensland Banners)

If you are attending the Sunday Social Reef Tour:

9.45am – 10am

Walk from the breakfast to the Cairns Reef Terminal (300m)

10am

Boarding pass

10.10am

Board Quicksilver boat for the day at the Great Barrier Reef

12.30pm

Arrive at Reef Pontoon

Semi-submersible tours commence. Free time on pontoon for water activities.

1pm – 2.30pm

Buffet lunch begins

2.50pm

Afternoon tea served

3.20pm

Re-board for passenger safety count

5.30pm

Return to Cairns

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Discover Your Medical Career

in the picturesque Wide Bay, Queensland



The Wide Bay is a stunning and diverse region in Queensland, and is known for its relaxed, family-friendly lifestyle. The Wide Bay area is arguably one of the most beautiful regions of Queensland and Wide Bay Hospital and Health Service has a career for everyone.

Wide Bay Hospital and Health Service (WBHHS) is the major provider of public health services, health education and research to the Bundaberg, Fraser Coast and North Burnett regions, and parts of the Gladstone region. We serve more than 225,000 people over an area of about 37,000 square kilometres.

Bundaberg, Hervey Bay and Maryborough – each provide a range of acute, sub-acute, community, mental health and dental services. We also operate three hospitals and four multipurpose health services – which provide both acute and residential aged care – across the North Burnett region.

Training and Support

We offer great access to consultants and senior staff with fantastic teaching and training opportunities as well as career guidance and mentoring from the Director of Clinical Training and Medical Education Officer.

Rotations are offered and grouped to suit different career paths including physician training, emergency training, Diploma of Obstetrics & Gynaecology and Graduate Diploma in Medicine (Child and Adolescent Health).

We are very committed to providing a wide range of education opportunities and experiences for all staff, including simulation, conferences, grand rounds, satellite broadcasts, mentoring, succession planning, ward based education calendars and mock scenarios. Research is also encouraged and supported at all levels.

Rural Career Opportunities

Embark on a rewarding career with the Wide Bay Hospital and Health Service in the Bundaberg region, poised to become a leading centre for rural generalist training. We are at the forefront of providing exceptional training and development opportunities for Rural Generalists.

You'll have the unique chance to work across a range of rural communities including Childers, Eidsvold, Biggenden, Mundubbera, Gaydah, Monto, and Gin Gin, experiencing the deep fulfillment of making a tangible difference.

The Rural Generalist role integrates professional development in rural healthcare with the tranquil beauty and strong community spirit of the Wide Bay area, ensuring a career that's as enriching personally as it is professionally.

Growth & Development of the Region

Be at the forefront of healthcare evolution with the largest health infrastructure investment our region has ever seen. The proposed construction of a \$1.2B state-of-the-art Bundaberg Hospital, a brand new \$40M mental health inpatient unit, and the establishment of a new residential drug and rehabilitation facility.

The proposed new Bundaberg Hospital has provisions to include a main hospital building with a rooftop helipad, 121 new beds, a larger emergency department, more operating theatres and teaching, training and research spaces.

What We Offer

- Competitive remuneration packages
- Generous superannuation and annual leave loading
- Fantastic salary sacrifice benefits
- Flexible rostering arrangements, variety and work/life balance
- Lower cost of living and affordable housing and rental market

Eligible applicants who move to a rural facility may receive up to \$70,000 incentive payments or up to \$20,000 if relocating to Bundaberg, Hervey Bay or Maryborough.

Lifestyle within the Wide Bay Region

Discover a different pace of life in Queensland's Wide Bay region – an idyllic haven for health professionals seeking a relaxed lifestyle. Enjoy your morning coffee to the calming sounds of nature, surrounded by the family-friendly communities and bustling regional hubs.

Wide Bay offers more than just stunning coastal attractions like K'Gari (Fraser Island) and the Southern Great Barrier Reef. Enjoy the region's friendly townships, national parks, a nationally renowned art gallery, and convenient access – less than an hour's flight to Brisbane and a two-hour drive to the Sunshine Coast.

With subtropical temperatures, wide-open spaces, and a strong community spirit, Wide Bay feels like home.



Photos: Tourism and Events Queensland

To find out more visit: www.health.qld.gov.au/widebay or Email: recruitment-wide-bay@health.qld.gov.au

All current vacancies are listed on: <https://smartjobs.qld.gov.au>

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Dr David Makarious
Avnt Doctor in
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▶▶ Speed dating

The best thing about this conference is that there is something for everyone. Are you unsure how to go from junior doctor to specialist? Come and hear from the doctors who have taken the pathway to training with the **'Speed Dating the Specialties'** session.

Learn from their experience applying and progressing to their chosen field as they share their journeys and tips in brief 10-minute sessions. When time is up, swap onto the next specialty and **have all your questions answered!**

Speed dating the specialties

▶▶ Basic Physician Training (BPT) pathway

Dr Jordan Riddell – Department of Medicine, Cairns Hospital

The life of a training medical registrar is incredibly interesting and rewarding. Basic Training is the first step in becoming a physician with The Royal Australasian College of Physicians – you can work out what Advanced Training specialty program interests you along the way!



▶▶ Emergency Medicine

Dr John Inderhaug – Director of Clinical Training and Staff Specialist in Emergency Medicine, Wide Bay Hospital and Health Service

Dr Robert Nayer – Staff Specialist, Mount Isa Base Hospital Emergency Department

Emergency Medicine is this amazing specialty where we need to know about every other specialty but focus on the fun parts! You never know what your day will bring you and you can go from stitching up a laceration straight to resuscitating a major trauma or complex medical patient. You still always finish your shifts with a smile as you hand over your patients and work in one of the few disciplines where you don't take work home with you.





▶▶ General Practitioner

Dr Nick Yim – General Practitioner (GP), President AMA Queensland

General Practice is a specialty for a person who loves ‘work, life and balance’. You have the opportunity to care for your patients in the community from the ‘cradle to the grave’. Similarly, you may learn your patient’s darkest secrets, such as their secret fishing spot.



▶▶ Intensive Care Medicine

Dr Gordon Goh – ICU Registrar

Patient-centred, team-orientated, coffee critical – ICU has it all. Intensive care medicine is well suited to people who enjoy the collaboration and the curiosity of medicine, and although challenging, you may just surprise yourself at how capable you are. Biggest tip? Finding where the buttons are to stop the beeping machines overnight!



▶▶ Military Medicine

Corporal Travis Taylor – ADF Careers

Samir Puthalakath – Medical Officer, RAAMC – RACGP Registrar (GP in Training)

Military medicine is diverse and is a mixture of general practice, occupational medicine and rural and remote medicine. Depending on your service, you could be involved with aviation, aeromedical retrievals, underwater and dive medicine, or prolonged field care. The work environment can be dynamic and variable, but you work with a high functioning team. There’s opportunity to learn people management and leadership skills, which is invaluable as a junior doctor. Most military doctors are registered with RACGP or ACRRM, plus there’s the Medical Specialist Program for serving members. If you want a dynamic career, have a look at military medicine as a training pathway.



▶▶ Orthopaedics

Dr Sarah Coll – Orthopaedics, AMA Queensland Board Director

As a surgeon, you have the ability to make an immediate impact on someone’s life. You work with a team of doctors and nurses to make physical changes that can save or improve a patient’s life. In addition, you can contribute to medical advancements in your field, whether your specialty is heart surgery, neurosurgery or orthopaedics. It offers a rewarding career with a good work-life balance.

- ▶ Why surgery is the best specialty
- ▶ Work life balance is possible in surgery
- ▶ How to build a good support network



▶▶ Paediatrics

Dr Erin Norman – Advanced Trainee, General Paediatrics, Cairns Hospital

Paediatrics is a diverse, holistic and fast paced. Specialty of medicine. Our patients are resilient, adaptable and brave. With some of the sickest patients in the hospital, paediatrics will allow you to master acute critical care and procedural skills. From intubating a sick neonate, to counselling a teenager in clinic about gender dysphoria – paediatrics has it all. If you are passionate about patient outcomes, a shared model of care and 'primum non nocere', paediatrics is for you (the bubbles, giggles and glitter is just a perk!).



▶▶ Psychiatry

Dr Claire Allen – RANZCP Stage 2 Psychiatry Registrar, Cairns Hospital

Dr Kaylin Hooper – Psychiatry Registrar, Cairns Hospital

Working in psychiatry provides unique opportunities to work with patients, carers and families in a holistic sense where the biopsychosocial cultural factors are considered and addressed. Psychiatry has taught us to remain curious, non-judgemental, grow more comfortable with uncertainty and to hold hope for recovery. Other benefits of psychiatry include the work/life balance and highly supportive culture.



▶▶ Rural Generalism

Dr Bryn Rohdman – Rural Generalist (ACRRM), Principal House Officer – Obstetrics and Gynaecology, Cairns Hospital

Jack of all trades, master of none is often used to describe the skills of a Rural Generalist GP. There is incredible mastery in flexibly serving your chosen rural community across general practice, the emergency department, maternity care and more across the lifespan. The benefits of a good GP on the individual may be subtle, but across Australia's small towns the benefit you can confer truly makes a difference. We may treat cowboys but being the cowboy doctor is not recommended – there is always support available. If you are always keen on learning more about all aspects of human life, have hours that work for your lifestyle, and want to explore all the amazing rural and remote places you can work Rural Generalism may just be for you.



▶▶ Biographies



Dr Elise Witter

Chair, AMA Queensland Committee of Doctors in Training (CDT)

Elise is a PGY4 doctor currently training in mental health in Cairns and the Chair of the AMA Queensland Committee of Doctors in Training (CDT). She has been involved with advocacy and promoting doctor wellbeing through her local Resident Medical Officer Society, AMA Queensland and the Junior Medical Officer Forum.



Dr Nick Yim

General Practitioner (GP), President AMA Queensland

Nick is a general practitioner in Hervey Bay. He is a Fellow of the Royal Australian College of General Practitioners and achieved his MBBS from Griffith University, Gold Coast. He is a passionate medical educator and hosts registrars and medical students in his practice. As a previous pharmacist, he acknowledges the importance of multidisciplinary care to ensure patient care. He was AMA Queensland Vice President for two years before being elected unopposed as President in May 2024.



Mr Sav Angi

Partner, Cutcher & Neale

With more than 30 years of experience, Sav works closely with his clients to get insight into their unique personal and financial circumstances to help them reach their goals. Sav enjoys working in partnership with clients to explain and implement wealth creation strategies such as effective tax structuring and debt reduction, while not losing sight of the important objective of asset protection.



Dr Carolyn Belonogoff

ACRRM Registrar, Babinda MPHS

Carolyn is an ACRRM Registrar at Babinda MPHS. Originally from Detroit, Michigan, she studied medicine at James Cook University and became heavily involved in rural health programs. She completed her junior doctor years in North Queensland through Townsville University Hospital's health system and worked at Ingham and Ayr Hospitals during that time. Since 2023 she has been an ACRRM Registrar at Babinda. Last year, she organised the Doctors in Training stream at the RDAQ Conference in Cairns, to encourage and inspire medical students and junior doctors about pursuing rural generalism.



Dr Jarrod Bowditch

Anaesthetic SMO, (GP Anaesthetist), ACRRM, Innisfail Hospital

Jarrold was a physiotherapist before graduating in medicine from the University of Queensland. He joined the RAAF mid-medical school with every intention of a career in the ADF, but a car accident in his RMO year left him in and out of hospital as a patient rather than slugging it out as an RMO. Jarrold locumed around Australia once he completed his RMO year, heading north as a Rural Generalist across the Top End.



Dr Renée Cremen

Director of Medical Services, Babinda MPHS, Cairns and Hinterland Hospital and Health Service

Dr Renée Cremen is a Rural Generalist and the Director of Medical Services for Babinda MPHS. Renée trained at James Cook University becoming a Queensland Rural Generalist Trainee and obtaining her Fellowship with the Australian College of Rural and Remote Medicine with Advanced Skills in Emergency and Population Health. Renee is passionate about delivery of acute and primary health care services and the education of medical students and junior doctors.



Dr Sarah Coll

Orthopaedics, AMA Queensland Board Director

Dr Sarah Coll is an orthopaedic surgeon based in Cairns. She has been in private practice for more than 18 years and manages all types of upper limb surgery. She also performs ankle and knee arthroscopies and reconstructions. She advocates for doctors on the AMA Queensland, federal AMA and RACS councils and particularly for women in medicine. She has two magnificent children who keep her occupied and a patient, supportive husband.



Professor Caroline De Costa

Adjunct Professor, The Cairns Institute James Cook University

Caroline was born and brought up in Australia but studied medicine in Dublin, Ireland, where she also completed training in obstetrics and gynaecology. She has practised in Ireland, the United Kingdom, Papua New Guinea and Australia, in both Sydney and Cairns. She is a Fellow of both RANZCOG and RCOG, and of the Royal College of Surgeons of Glasgow, and was the first female Australian professor of obstetrics and gynaecology. She has published more than 120 peer-reviewed papers, three textbooks, and 10 books about women's reproductive healthcare.



Dr Emma Hodge

Associate Lecturer, Rural Clinical School of the University of Queensland

Emma is an Associate Lecturer at the Rural Clinical School of the University of Queensland. She is based at the Bundaberg Regional Clinical Unit. Her work includes research on the evolving epidemiology of Q fever in the Wide Bay region. Additionally, she plays a pioneering role as the Medical Education and Wellbeing Principal House Officer in the Wide Bay Hospital and Health Service, setting a new standard in regional healthcare.



Mr Josh Holt

Credit Advisor, Cutcher & Neale

Josh is a dedicated Residential and Commercial Credit Advisor at Cutcher & Neale Finance. He leverages his 10 years of banking experience to provide clients with personalised and independent financial solutions, working closely with them to understand their unique needs and goals and offering expert guidance and support throughout the process. Josh is committed to your success, offering ongoing support throughout your journey and has experience delivering specialised finance solutions to medical professionals through Cutcher & Neale Finance and its panel of lenders.



Dr Kaylin Hooper

Psychiatry Registrar, Cairns Hospital

Kaylin is a psychiatry trainee from Margaret River, in rural Western Australia. She completed her BSc (Hons) and her MD at UWA, has just wrapped up her MPH from UNSW, and is starting her MPsych at UniMelb. She has a background in public health and health promotion, and was a founding member of The Push-Up Challenge, an Australian charity that has raised over \$40 million for mental health since 2017.



Dr John Inderhaug

Director of Clinical Training and Staff Specialist in Emergency Medicine, Wide Bay Hospital and Health Service

John describes himself as having a Norwegian surname with an Irish accent. He graduated and trained in Ireland before moving to regional Queensland. John holds both FRACGP and FACEM. He is passionate about showcasing the opportunities to work, live and train in regional Queensland.



Mr Robert Lamb

Director, Hillhouse Legal Partners

Robert commenced at Hillhouse Legal Partners in January 2000 and became a partner in 2006. He is one of Hillhouse's three Directors and took responsibility for the practice's Wills and Estates team in 2012. Robert can expertly navigate the often-complex and deeply personal sphere that the Estate planning process entails. Before entering the legal sector, Robert worked as a Registered Nurse and has a strong ability to empathise with clients and work with them to understand and anticipate what legal help they need.



Dr Robert Nayer

**Board Member, Doctors' Health in Queensland
Staff Specialist, Mount Isa Base Hospital Emergency Department**

Rob is an emergency physician working in rural and remote Queensland. He is actively involved in safeguarding doctor wellbeing and sits on the board of the Queensland Doctors' Health Program which runs a 24/7 helpline for doctors and medical students. He is an active member of the AMA Queensland community, previously chairing the Committee of Doctors in Training (CDT), and has rejoined the AMA Queensland Council as the North Area Representative.



Dr Erin Norman

Advanced Trainee, General Paediatrics, Cairns Hospital

Erin is in her penultimate year of advanced training in General Paediatrics. She is currently completing training requirements in Community and Developmental Paediatric medicine at Cairns Base Hospital. Erin enjoys providing clinical bed side teaching to junior doctors and medical students. As well as advocating for better patient satisfaction with improved communication and a shared model of care between patients and their families. You will find her wearing stereotypical colourful scrubs, chronically referencing Bluey and revelling in the resilience and adaptability kids continually display even when they are sick.



Samir Puthalakath

Medical Officer, RAAMC – RACGP Register (GP in Training)

Samir is currently a full time Medical Officer with the RAAMC, and also an RACGP registrar (GP in training). He completed his studies at Monash University in Melbourne, while being sponsored by the ADF through their Long Term Schooling program. This program ensured job security once he finished his studies and training, and the financial support during his degree allowed him to focus on his studies rather than working to support himself. Through this job, he feels he is serving his country, which has always been a goal of his.



Dr Katrina Starmer

FACEM Emergency Specialist, Cairns Hospital, FACRRM Rural Generalist, Royal Flying Doctors Service RFDS

Katrina is an emergency medicine specialist working at Cairns Hospital and as a rural generalist with the Royal Flying Doctor Service. She flies to Chillagoe every fortnight as the town's local GP and is also the statewide telehealth medical education officer for the RFDS. Katrina is part of the Emergency Medicine Education and Training faculty for North Queensland and has a special interest in ultrasound education, having established focused echo training for clinicians in the Far North.



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1



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5



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7



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8

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