



**AUSTRALIAN MEDICAL ASSOCIATION**  
(SOUTH AUSTRALIA) INC.  
ABN 91 028 693 268

15 October 2020

Helen Connolly  
Commissioner for Children and Young People (SA)  
GPO Box 1146  
ADELAIDE SA 5001

*E: [commissionercyp@sa.gov.au](mailto:commissionercyp@sa.gov.au)*

Dear Ms Connolly

**Guide for medical practitioners from the Commissioner for Children and Young People (SA)**

Thank you for your letter of 25 August 2020 where you indicate that you are creating a resource for doctors in South Australia to share young people's views and experiences across key areas, including health.

Doctors are always keen to have at their fingertips useful professional and practice resources and we are grateful for the opportunity to participate in such a project.

The AMA(SA) Committees of General Practice and Doctors in Training have met and have duly discussed suggestions for inclusion in your guide. The following represent their input for your consideration:

**Headspace Adelaide**

Free and confidential service where young people aged between 12 and 25 can access qualified youth mental health professionals.  
1800 063 267  
Headspace – App

**Shine SA**

Leading sexual health agency in South Australia  
8300 5300

**Mental Health Services Directory**

The directory overs a range of non-clinical support services from psycho-social to community phased programs.  
[directory@mhcsa.org.au](mailto:directory@mhcsa.org.au)

**Yarrow Place**

Rape and Sexual Assault Service is an inclusive 24x7 service, helping people 16 years & over who have been raped or sexually assaulted. Yarrow Place is part of the Youth Women's Safety and Wellbeing Division of the Women's and Children's Health Network.  
1800 817 421

**Australian Sexually Transmitted Infections (STI) management guidelines**

The Australian STI Management Guidelines are developed under the aegis of Australasian Sexual Health Alliance (ASHA). The Guidelines are an online resource for primary care health professionals and provide concise information to support the prevention, testing, diagnosis, management, and treatment of STIs.

**Trans Health SA**

Offers the South Australian gender diverse community a resource operated and influenced by the community.

**Child and adolescent mental health service SA (CAMHS)**

CAMHS is a free community-based mental health service provided through SA Health's Women's and Children's Health Network. We provide mental health services to infants, children, adolescents, and perinatal women. Services are provided across South Australia.

1300 222 647.

**Electronic therapeutic guidelines (eTG)**

*eTG complete* is a leading source of independent, evidence-based, practical treatment advice published by Therapeutic Guidelines for Australian clinicians.

*eTG complete* includes therapeutic advice to assist practitioners with decision making at the point of care to ensure their patients receive optimum treatment. *eTG complete* is recognised as providing an authoritative voice for therapy and treatment advice in every state and territory health service.

**Early Links**

Early Links supports children, young people and adults with a disability or delay, their families, and the wider community.

[admin@earlylinks.org.au](mailto:admin@earlylinks.org.au)

**Family advisory Centre (for pregnancy termination)**

A public service for medical and surgical terminations for women who are less than 12 weeks pregnant.

Emphasis was put on sexual health, mental health and LGBTIQ health.

Thank you for asking us to provide useful professional and practice resources for doctors for possible inclusion in your Guide. Great initiative, and in the right direction. I wish you well.

Yours sincerely

**Dr Samantha Mead**

PhD, BSc (Hons), Dip Mgt, GAIDC  
*Chief Executive Officer*